# <u>How to War Against Astral Projection & Travelers of the Enemy in Jesus Christ's Name</u> 11-13-25

Vicki Goforth Parnell 11-13-25@9:36 AM

When Father God created us He gave us a body of flesh that is the container for the spirit that is connected to our souls. There are times when a Child of God may be taken spiritual on a journey such as to Heaven, but the Holy Spirit remains inside the person's body keeping it protected. This is different from what the enemy does. Sometimes, wicked people go on astral travels or spirit travels. It is a process whereby their spirits are taken out on a journey with the help of demons. Since we are created a spirit being when someone astral travels their spirit leaves their body but they are still connected by the silver cord of life. When someone allows their spirit to leave their body and they are not saved with the Holy Spirit inside them protecting that body then that leaves their flesh opened to be possessed by demons spirits. Again this is all done by agreements hidden or known.

When the enemy astral travels/projects it is undertaken to look closely at the heavenlies and send enchantments and incantations on the star of a person. Through the use of demons and the triangular powers they empower witches and wizards. Witchcraft is more than most realize and a lot of it has to do with the sun, the moon and the stars. That is one way that is a source they get their powers from. That is why a witch can get his or her spirit out of their body and bring it back again. It is not everybody that can perform astral projection or astral travel it is also called. When most people sleep there are many people, who when they sleep, another world begins for them. They will get out of their physical bodies and begin to do havoc. Some of what some women call spirit husbands are not spirit husbands but spirits of men who like them but know that physically, they will never agree to follow them. So, they wait for them to sleep and transfer their spirits out of their bodies to sleep with them at night.

- 1. They astral travel/project to monitor and spy on you.
- 2. Some astrals can physically attack or assault you through demonic powers.
- 3. Astral Projectors are those in witchcraft practices that will project their spirits by demon power into a place or thing to also cause fear, to attack, and cause havoc for the enemy.
- 4. One who astral projects is possessed by many demons. If they're savable then they still have a chance to repent and ask Jesus Christ to forgive them of their sins.
- 5. When someone in witchcraft astral projects into your location, if you pray for their silver cord of life to be cut in Jesus Christ's Name that person will die because life has departed from their awaiting body for their spirit to return. This should only be done if Jesus Christ or sweet Holy Spirit instructs you to do so. This is because life and death is in God's hands to take or to give.
- 6. If someone astral projects into an animal like a bird, if their silver cord is cut by prayer in Jesus Christ's Name then their physical body will die and their spirit will remain trapped inside of the animal. This should only be done if Jesus Christ or sweet Holy Spirit instructs you to do so. This is because life and death is in God's hands to take or to give.

The heart of a man is physical but the heart is also connected directly to the spiritual. This is why when the silver cord, the silver thread of life that connects the spirit to the fleshly body is severed

and cut, life departs. The blood that life is found in stops flowing because the heart, the seat of life in a man has stopped beating on the silver cord has been cut. The spirit is no longer attached nor the soul.

#### Ecclesiastes 12:6-7

6 Or ever the silver cord be loosed, or the golden bowl be broken, or the pitcher be broken at the fountain, or the wheel broken at the cistern.

7 Then shall the dust return to the earth as it was: and the spirit shall return unto God who gave it.

# **Sleep walking**

# Yes, sleepwalking is not of Father God.

He gives His children good sweet sleep. Please pray, try, test and discern this text in the mighty Name of Jesus Christ.

**Proverbs 3:24** - When thou liest down, thou shalt not be afraid: yea, thou shalt lie down, and thy sleep shall be sweet.

**Psalms 4:8** - I will both lay me down in peace, and sleep: for thou, LORD, only makest me dwell in safety.

**Psalms 127:2** - It is vain for you to rise up early, to sit up late, to eat the bread of sorrows: for so he giveth his beloved sleep.

Lord willing, I will try to explain it with Jesus Christ's help. Sleep walking is a form of astral traveling also called spirit travel, or soul traveling. It is different from astral projection which and such like where the spirit leaves the body with the help of a demon or demons and is only connected to the body by the silver cord of life. They are different but both are dangerous. I am not referring, for example, to how Jesus Christ at times will call His children up spiritually into visions like John in the Book of Revelation. I'm referring to the spirit -astral traveling done through witchcraft practices and rituals.

When a person is sleepwalking, their soul...their spirit is unable to leave their body to travel somewhere else. Even though their body through sleep walking is attempting to do so. The desire to project or travel will animate the physical body without conscious awareness. Some people sleepwalk without realizing it. Sleepwalking is the manipulation of the person's soul, spirit and body while sleeping through witchcraft. It can be a summoning of your spirit causing your spirit to try to leave your body to answer the summons, without the person being aware. There are even instances when the person sleepwalking talks in an unknown tongue, and I am not referring to the sweet Holy Spirit's tongues, but the fake tongue/tongues of the devil.

Any form of manipulation or control is done through the spirit of witchcraft and demons are involved. Astral travels, also referred to as out of body experience, happen when your soul's mind which is your consciousness separates, along with your spirit, from your physical body.

Most instances it is through witchcraft that someone is initiating against you to try to get you to leave your body for many reasons. Most times it's to leave your physical body unprotected and when unprotected, demons can gain access into it. Other times you might be summoned to a demonic court where the kingdom of darkness where accusations are being brought against you, or to cause you to unknowingly be a part of an evil gathering. This is just a few examples of what it could be.

Spirit/Astral attacks through astral projection by the enemy

Astral or spirit attacks occur when an evil spirit of a person, usually witches and such like, projects their spirit into the spirit realm, causing it to leave their physical body, then travel to their target's location and begin attacking a person. Again, this type of spirit traveling they do through manipulation in the spirit realm, that then manifests into the physical one. It can only be done with the assistance of many demons. It is through the demons that the evil person or persons are able to make such movements to travel inside of the spirit realm. The demons take and transfer a person's spirit into their realm, while at least one stays to protect the empty body so it is not a spiritless body. If some of the evil spirits, both demons or other spirits astral traveling can find their ways into a person's physical body, then that person's spirit can be projected out of their body without them knowing.

Astral projection attacks against a person are usually done in order to control, manipulate and divert from fulfilling the call of God in their life. It's done because of uncontrollable lust that leads to spiritual sexual attacks on the spirit body. A witch of any that astral travels through demonic powers are all demon possessed and can send out a demon or demons that are possessing him to come out of their own body, still legally connected by vows, agreements or such like to attack a person or persons. This is how many attacks are launched because the average Christian is unaware that someone has astral or spirit traveled into their homes, workplace or even their church. The end result of every assignment, every mission of the enemy is to kill, steal and destroy. When the demon or demons have completed their evil assignment, they return to the body of the person who was astral projecting. Please be aware that when astral projecting and spirit traveling/attacking, the physical body of the person may be sleeping while their spirit man is doing the evil witchcraft biddings of the kingdom of darkness. So, once the demons sent out have accomplished their attack, they will return and reenter the body of the sleeping person, projecting their spirit.

Many people ask if this kind of attack is still much prevalent in this generation. They also ask if it is possible for a person's spirit to travel while asleep. The correct answer is yes. The Word of God says this.

Matthew 13:25 But while men slept, his enemy came and sowed tares among the wheat, and went his way.

The physical body of a person can be weakened when the spirit has done so many activities in the realm of the spirit. You can sleep in the same bed with a person whose spirit has traveled to another location, for one demonic assignment to another. These astral attacks can be projected by

your enemies to initiate and try to cause fear, to shatter you and then cage your spirit, your spirit & soul's mind in the spirit realm inside the spirit barrier wall.

Those not spiritually aware or protected by prayer in Jesus Christ's Name, those with agreements known or unknown to with the kingdom of darkness, through astral attacks can be summoned out of their body, their spirit man, through such witchcraft practices such as voodoo, enchantment, divination, incantation, and such like. One of the plans of the devil is to keep us from our inheritance and relationship with God. So he has created this form of soul travel for his purposes. When a soul leaves the body, the body is then open to be inhabited by other spirits, demonic or human from the spiritual world. As our soul travels around it is subject to attack itself, by demonic spirits that can do astral rituals on it, or even have sex with it.

#### **Sexual Dream Projection**

An astral attack can also be projected unintentionally by someone who has the ability to send and project, but is not aware that they have this ability to do that.

## **Spirit-Astral Attacks & Travels Through Dreams**

Through astral attacks, the demons can successfully travel to attack a physical body through dream. Somebody can be in Belgium and fly through astral travel to the United States. This is a situation where the human spirit operates without the body through demonic assistance. When a person is flying in the dream that's not discerned as from our lovely Jesus Christ, it is called an astral attack. The ability for a person to fly around to travel to a far distance is known as astral travels and attacks.

Many occult people use astral or spirit travel as a means to wreak havoc on their victims. These astral travelers perform rituals while spirit-astral traveling inside the spirit realm over people, spy on people, harass them, monitor them and much more. They can inflict damages on the souls of people. A person may be projected to an evil altar, to where the person being attacked can or will receive mysterious attacks in another of lucifer's dark kingdom such as the marine kingdom.

This is why the children of God are to pray about everything. Wisdom would be to cover your sleep, your dreams, dream gates, every part of your life under the precious Blood of Jesus Christ in His great Name. Sweet sleep is promised to the children of God. I like to remind Father God before I lay down to sleep, of His promises concerning the sleep for my family and me. I also bind myself, my family, our dreams, and all access, the gates into our lives and home to Jesus Christ, so that if anything does occur, I know He has allowed it. Then I seek Him for understanding, for why and what purpose He has for allowing it. The enemy is crafty, and comes to kill, steal and destroy, but we don't have to be ignorant of his devices and schemes, when we have been given all power over him. He is under our Blood bought feet in Jesus Christ's Name.

### Symptoms of Astral projections & Attacks

There are many different symptoms that can accommodate astral projection and attacks from the kingdom of darkness. The following list identifies a few major symptoms. But these symptoms can also indicate other types of health problems and it's important to investigate all possibilities.

- 1. Strange character and negative attitude
- 2. Major changes in behavior for no reason
- 3. A loss of memory

- 4. Icy cold feeling on part or all of your body
- 5. Hearing someone's voice regularly
- 6. Hearing voices from nowhere
- 7. Recurrent or frequent nightmares
- 8. Strange or recurring accidents
- 9. Feeling someone is watching you
- 10. A discomfort or fear in a specific room or area in your home or office
- 11. A loss of self-confidence
- 12. A sudden loss of energy
- 13. Sudden illnesses that elude diagnosis
- 14. Sudden illnesses that cannot be explained
- 15. Feeling someone touch you or bump into you when nobody is present
- 16. Sensing a presence
- 17. Sensing a large pair of eyes watching you or following you
- 18. Sudden or irrational difficulties with finances or relationships
- 19. Imagining monsters, animals or frightening shadows
- 20. Sudden depression without an apparent cause
- 21. Seeming ongoing bad luck
- 22. Irrational fear, anger or sorrow.
- 23. Pets eyes become transfixed or unmoving in an area in the room
- 24. Room gets an icy feel
- 25. Hearing noises
- 26. Constant flying in the dream
- 27. Seeing a flash of shadow of a spirit moving around your room or compound
- 28. Strange hands pointing at you in the night
- 29. Seeing snakes or other poisonous hiding in your house
- 30. Having a feeling that a strange spirit is controlling you
- 31. Seeing known faces attacking you in the dream
- 32. Seeing known faces pursuing you in the dream
- 33. Prolonged states of anger
- 34. Sudden hatred from your close friend, family or helpers
- 35. Drinking of alcohol and fornication open doorways of access for astral attacks.
- 36. Resentments, bitterness, vindictiveness, and many types of fears, will draw and attract these astral demons and attacks through legal doorways. We are called to forgive 7 times 70.

# **Astral Attacks Through Witchcraft Projection**

Witches, warlocks, sorcerers (which include human agents) can project their spirits into a living and non-living thing to make sure their operation against their victims would be successful through the help of demons they are possessed with. This takes someone possessed by many demons to do this effectively. Some examples are: Sand, stones, clothes, wedding ring, cup, dog, snakes, a person, sun, food, water, cream, shoes, hats and such like

# **Astral Rituals Inside the Spirit Realm**

Astral or spiritual is a witchcraft ritual that is done by a human spirit, or a group of human spirits. They will locate a place inside the spiritual realm to set up an evil altar and perform a ritual. It is exactly the same as a physical ritual, but done in the spiritual realm instead. These types of rituals directly affect whoever they are being done on or over unless that person is protected by Jesus Christ. This would be a person who lives an obedient, holy life with Jesus Christ and sweet Holy Ghost's Spirit's help. Because these rituals are done in the spiritual realm, to those unprotected by Jesus Christ with sin in their lives...which grants legal access for the kingdom of darkness into a person's life, the person who is the victim of the ritual will not even know it is happening. They will feel the effects of it, but they won't know what they are feeling or why. These attacks usually bring some sort of emotional torment, devastation, a sense of falling apart, inability to function, and such like things of that nature.

#### HOW DO WE OVERCOME ASTRAL PROJECTION AND ATTACKS?

- 1. If you commit sin, confess it quickly. Repent.
- 2. Reject all evil deposits and anointing still left in your life such as anger, bitterness and lust which are sin. Repent.
- 3. Plead/ask for Jesus Christ to cover you with His Blood of protection.
- 4. Bind the strongman.
- 5. After repenting, begin spiritual warfare against the enemy that's led by the Holy Ghost Spirit in Jesus Christ's Name.
- 6. Ask Father God in Jesus Christ's Name to have the kingdom of darkness return 7 fold what was stolen. (Proverbs 6:30-31)

## **Prayer Points For the Spirit Realm**

- 1. Every wicked power invoking or trying to invoke, my spiritman to wander around, let the thunder of God strike you in the name of Jesus Christ.
- 2. Every spirit traveling on a spiritual journey for my sake, fall down and die in Jesus Christ's Name
- 3. Any monitoring spirits spying on me, let the fire of God consume them, for He is a consuming fire in the Name of Jesus Christ. (Hebrews 12:29)
- 4. I withdraw my glory from the hands of the enemy in the spirit realm in the Name of Jesus Christ.
- 5. Every astral projection and attack into my life and destiny, go back to the sender, in the Name of Jesus Christ. (Proverbs 26:2; Ephesians 6:16)
- 6. Any witches, wizards and such like, on a spiritual journey for my sake or my family's, I bind you, cast you down and out of our lives in the Name of Jesus. (2 Corinthians 10:3-5; Luke 10:19; Matthew 18:18)
- 7. Every evil bird flying for my sake, be roasted by fire, in the Name of Jesus Christ.
- 8. Every astral attack against my elevation, somersault into the fire, in the name of Jesus.
- 9. Every agenda of the enemy for my life through astral attacks, your time is up, therefore die by fire, in the name of Jesus.
- 10. Arrows of familiar spirit, gather yourself together and backfire, in Jesus name.
- 11. Powers assigned to possess me, I reject and rebuke you, by the power of the blood of Jesus Christ that has redeemed me. (James 4:7; 1 Peter 1:18-19; 1 Timothy 5:20; Jude 9)

- 12. My spirit man rejects every witchcraft call, in the Name of Jesus Christ. (Proverbs 26:2; Luke 10:19)
- 13. I frustrate every familiar spirit's attack of my virtues and any other kind. I cut the cords to them, bind them, cancel their assignments and cast them into the abyss in the Name of Jesus. (Matthew 18:18; Luke 10:19)
- 14. I cancel every spirit/astral attack assignment against my family and me, in the name of Jesus Christ.
- 15. Every spell, enchantment, witchcraft and such like performed and programmed against me by spirit rituals be cancelled, nullified and destroyed, in the Name of Jesus Christ.
- 16. Every spiritual marriage ties, covenants or such like with familiar spirits...spirit husbands or spirit wives be cut asunder by God and destroyed in the name of Jesus Christ. (Psalms 129:4)
- 17. Blood of Jesus Christ, destroy every familiar spirit's manipulation, fashioned against me and cover me in the Name of Jesus Christ.
- 18. O Lord, let the weapons of the familiar spirits which are demons turn against them, in the name of Jesus Name. (Proverbs 26:2; Galatians 6:7; Psalms 9:15)
- 19. Every evil spirit, trying to steal my virtues, release them and die, in the Name of Jesus Christ.
- 20. Every evil deposit in my spirit, soul and body, be flushed out by the cleansing Blood of Jesus Christ in His Name I command. (1 John 1:7)
- 21. Every strange spirit trying to enter into my body (ministry, life, family, calling, business, marriage and such like), I loose you, bind you and cast you out in the Name of Jesus Christ. I loose the sweet Holy Ghost's power in its place. (Matthew 18:18; 28:18; Luke 10:19)
- 22. By fire of God I ask sent down as with Elijah and the prophets of Baal, let every soul tie between the kingdom of darkness and me be destroyed and severed, in Jesus Christ's Name. (Psalms 129:4; 1 Kings 18:38)
- 23. Let the thunder, fire and lightening of the Lord scatter all the forces of the enemy rallying against me, in the Name of Jesus Christ. (Psalm 18:13-14; Isaiah 29:6)
- 24. Any astral ritual done on my soul to explore my virtues, burn to ashes, in Jesus Christ's Name.
- 25. O Lord, let your fire destroy every witch and such like using astral travel to get at me, in the name of Jesus Christ. (Romans 10:13; 1 Kings 18:38)
- 26. Let any identification mark of the kingdom of darkness upon my life, my home, my family and all that pertains to me directly, indirectly and randomly be washed off by the Blood of Jesus Christ. (1 Peter 1:18-19)
- 27. Every invisible enemy that is roaming around my premises at night to subdue me, be exposed and be ignited by fire, in Jesus Christ's Name. (Luke 8:17)
- 28. I loose the fire of the Holy Ghost to destroy their witchcraft covens, any evil gatherings and scatter them unto desolation, in Jesus Christ's Name. (Matthew 3:11; 18:18)
- 29. Fire of God, burn to ashes the agenda of eaters of flesh and drinkers of blood, in the Name of Jesus that's risen up against my family and me. (Deuteronomy 4:24)
- 30. Let all the strongholds of the serpents and scorpions in my household receive the thunder of God and be dismantled, in the name of Jesus Christ. I walk over them in triumphant victory through Jesus Christ. (Luke 10:19; Job 37:5; Isaiah 29:6; 1 Corinthians 15:57; Romans 8:37; 1 John 5:4)
- 31. Let every evil assignment against me concerning astral/spirit traveling or attacks be cancelled by the mighty hand of God in Jesus Christ's Name.

#### **Related Verses**

Hebrews 12:29 For our God is a consuming fire.

Luke 10:19 Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.

Job 5:12-13

- 12 He disappointed the devices of the crafty, so that their hands cannot perform their enterprise.
- 13 He taketh the wise in their own craftiness: and the counsel of the froward is carried headlong.
- 2 Corinthians 2:11 Lest Satan should get an advantage of us: for we are not ignorant of his devices.

Romans 8:37 Nay, in all these things we are more than conquerors through him that loved us.

#### Ephesians 6:10-18

- 10 Finally, my brethren, be strong in the Lord, and in the power of his might.
- 11 Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.
- 12 For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places.
- 13 Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand.
- 14 Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness;
- 15 And your feet shod with the preparation of the gospel of peace;
- 16 Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked.
- 17 And take the helmet of salvation, and the sword of the Spirit, which is the word of God:
- 18 Praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints;

John 10:10 The thief cometh not, but for to steal, and to kill, and to destroy: I am come that they might have life, and that they might have it more abundantly.

#### 1 Peter 1:18-19

- 18 Forasmuch as ye know that ye were not redeemed with corruptible things, as silver and gold, from your vain conversation received by tradition from your fathers;
- 19 But with the precious blood of Christ, as of a lamb without blemish and without spot:
- 1 John 5:4 For whatsoever is born of God overcometh the world: and this is the victory that overcometh the world, even our faith.

Romans 8:37 Nay, in all these things we are more than conquerors through him that loved us.