

## STEPS TO PERSONAL DELIVERANCE

From Prayers to Destroy Diseases and Infirmities. Dr. D. K. Olukoya

\*\*\*\*Please pray about this information in Jesus Christ's mighty name. My personal experience is that repentance should be the 1st step in any kind of deliverance. VGP \*\*\*\*

When you understand self deliverance, you will keep yourself from being demonized; you will keep yourself healthy, physically and spiritually and be free from demonic pollution. Every day, you will enjoy divine health and will not be spending your money on drugs and hospital bills. Sometimes, there may be no minister who is anointed and knowledgeable about deliverance to help you. Sometimes, you can be heavily attacked in your dream and the next service is about four days away. What do you do?

You should never allow evil spirits to reside in your life. If you lack adequate time to do a self deliverance in the mornings, after your quiet time, then, when you're having your bath, you could do it. Our environment is such that there are many evil spirits moving around and if you are not regularly cleaning your house, they may lodge there; your level of education notwithstanding. If a whole university professor could carry a ritual sacrifice because he needed promotion, then education is irrelevant.

Let's learn a few lessons now before we go into the actual practice. A demon is a spirit, which means it's like a wind or breath. Most evil spirits leave through the breathing passage or by any opening in the body. This is why sometimes when prayers are hot some people begin to pass out gas or emit bad odor. Now when an ambulance wants to go through a busy area and blares its siren, the purpose is to clear the traffic so as to expedite the passage of the ambulance. Therefore, when praying for self deliverance, you should keep quiet after the prayer before electing those evil spirits. This is why at times we ask people to breathe in and out. If you are praying or speaking at this time, the spirit will not go out because you have not opened the way for it.

The next lesson you must learn is this; demons can come out by simple breathing, coughing, choking, yawning, vomiting, etc. The manifestations vary according to the person and the spirit involved. All the spirits that are not deeply rooted, depart easily, but those deeply entrenched, will require more time and effort to go. The more stubborn ones will require the help of other believers. Even when they are that strong, and you continue to wound them daily, they will eventually be mortally wounded.

Also, know that if multiple spirits are responsible for one problem, all of them must be removed before total victory is assured. One thing is certain; with every inch of ground grabbed from the devil, you will notice a definite improvement in your life. This is certain. Once the spirit leaves you, there will be a change in you. Also, remember that an evil spirit must have a legal ground for staying in a person's life. The purpose of all this information is to enable you to do a self deliverance at home for yourself. The process of self-deliverance is carried out in stages. Let's go through them one by one.

Step ONE - Start with praise worship. You can sing songs to praise God and to worship Him.

Step TWO - Confess out loud promising deliverance Scriptures. Let us run through a few of them:

Luke 10:19: Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.

Ephes. 1:7: In whom we have redemption through his blood, the forgiveness of sins, according to the riches of his grace;

Romans 16:20: And the God of peace shall bruise Satan under your feet shortly. The grace of our Lord Jesus Christ be with you. Amen.

Rev. 12:11: And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.

Col. 2:14: Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross;

Col. 2:15: And having spoiled principalities and powers, he made a shew of them openly, triumphing over them in it.

Galatians 3:13: Christ hath redeemed us from the curse of the law, being made a curse for us: for it is written, Cursed is every one that hangeth on a tree:

Galatians 3:14: That the blessing of Abraham might come on the Gentiles through Jesus Christ; that we might receive the promise of the Spirit through faith.

Psalms 91:3: Surely he shall deliver thee from the snare of the fowler, and from the noisome pestilence.

2 Tim. 4:18 has this to say: And the Lord shall deliver me from every evil work, and will preserve me unto his heavenly kingdom: to whom be glory for ever and ever. Amen.

You must at least memorize this one - 2 Tim.4:18.

Step THREE - Break covenants and curses to destroy their legal hold. You pray a simple prayer like this: "I break any curse working against me or I break any covenant working against me, in the name of Jesus." A simple prayer point with much results.

Step FOUR - Bind all the spirits associated with those covenants and curses like this: "I bind all the spirits attached or connected to the curses and covenants I have just broken, in the name of Jesus."

Step FIVE - Lay one hand on your head and the other on your stomach or navel and begin to pray like this: Holy Ghost fire, burn from the top of my head to the sole of my feet, in the name of Jesus. Begin to mention every organ of your body; kidney, liver, intestine, blood, etc. You must not rush at this level. Lay your hands on areas that the Spirit of God leads you to. Do not be afraid if you notice that you are swaying or staggering, etc.

Step SIX - Then begin to saturate yourself with the blood of Jesus. You do this by saying: "Blood of Jesus, enter in to my spirit, soul and body." Next you say: "I drink the blood of Jesus." This must continue until you have a release in your spirit to stop.

Step SEVEN - It is now that you are able to demand firmly, in the name of the Lord Jesus Christ, that any spirit that is not of God should leave you. You demand it forcefully like this: "In the name of the Lord Jesus Christ, I come against all you hidden spirit and I bind your activities in my life. You can no longer hide below the surface because I now recognize what you have been doing; release me."

If sickness is the problem, address it and say, "You spirit of Infirmity, I speak to you directly, get out of my life now. I am redeemed by the blood of Jesus Christ, come out and go now. Go out with every breath by the power of the Holy Spirit. I prevail over you, in the name of Jesus."

At this point, you stop talking; open your mouth and nose and begin to breathe in and out. Take about three to seven deep breaths, and expel them forcefully through your mouth and nose. You may be surprised that strange things will begin to happen. Repeat this stage again and again. This will help you to flush out any deposit or impurity within your body. You may notice that you are coughing, yawning, sneezing, sweating or shedding tears, but continue and do not lose your concentration.

Step EIGHT - When you have finished the expulsion stage, you then ask for a fresh infilling of the Holy Spirit and close the session with praises.

When you are attacked in your dream, rise up and go through the stages I have already mentioned. (Our book "Victory Over Satanic Dreams" can help you further.) Self-deliverance keeps you from getting sick; it removes every evil seed of the enemy; it charges your body with fire. It uproots evil plantations and builds up your confidence. Every night before you go to bed, you must remember these three important prayer points.

1 Pray that the walls of fire should surround you. The Bible says: Zech. 2:5: For I, saith the LORD, will be unto her a wall of fire round about, and will be the glory In the midst of her.

2. Pray for cover with the blood of Jesus. Rev. 12:11: And they overcame him by the blood of the Lamb, and by the word of their testimony; and they loved not their lives unto the death.

3. Also pray that the angels of God should surround you. Psalm 34:7: The angel of the LORD encampeth round about them that fear him, and delivereth them. No matter how sleepy you are, make sure you pray these three prayer points every night.

There is no reason why self-deliverance should not be effective. However, if the person seeking deliverance is under stubborn demonic control or hereditary strongman and lacks sufficient faith or authority to defeat the oppressors or living in any known sin, the evil spirits will defend what they think is their right. One final word of caution. For a person to be delivered, he must desire deliverance. Self deliverance must not be done because of pride, shyness, the fear of possible public embarrassment, etc. Your motive for engaging in self-deliverance has to be pure.

Remember, deliverance is a process and the length of time it takes depends on several things:

- A. the length of time the spirit has stayed inside a person,
- B. the strength and reinforcement of the spirit,
- C. the experience and degree of anointing upon those who are ministering the deliverance,
- D. the willingness of the person being delivered to be free,
- E. the knowledge of the word of God and your level of hatred for sin.

For self-deliverance to be very effective, a great deal of self-discipline is necessary. Also, remember that bondage can be weak or strong. A weak hold can be broken quickly, whereas a stronghold may take a longer time. You will not realize the strength of a bondage until you faithfully and persistently work on it. You must remember that a foothold can graduate to a stronghold if left unaddressed.

\*\*\*Please pray about this in Jesus Christ's name and do as he instructs you to do in all things first and foremost. After binding and casting the evil spirits out (I personally throw them into the abyss so they can't attack me or anyone else again in Jesus Christ's name), I have been led to pray and loose (release) heavenly things into the vacated places and atmosphere such as: the fruits of the Spirit, Spirit of Truth, Healing and such like things. All done in the mighty name of Jesus Christ alone!Hallelujah!!!!\*\*\*\*\*